

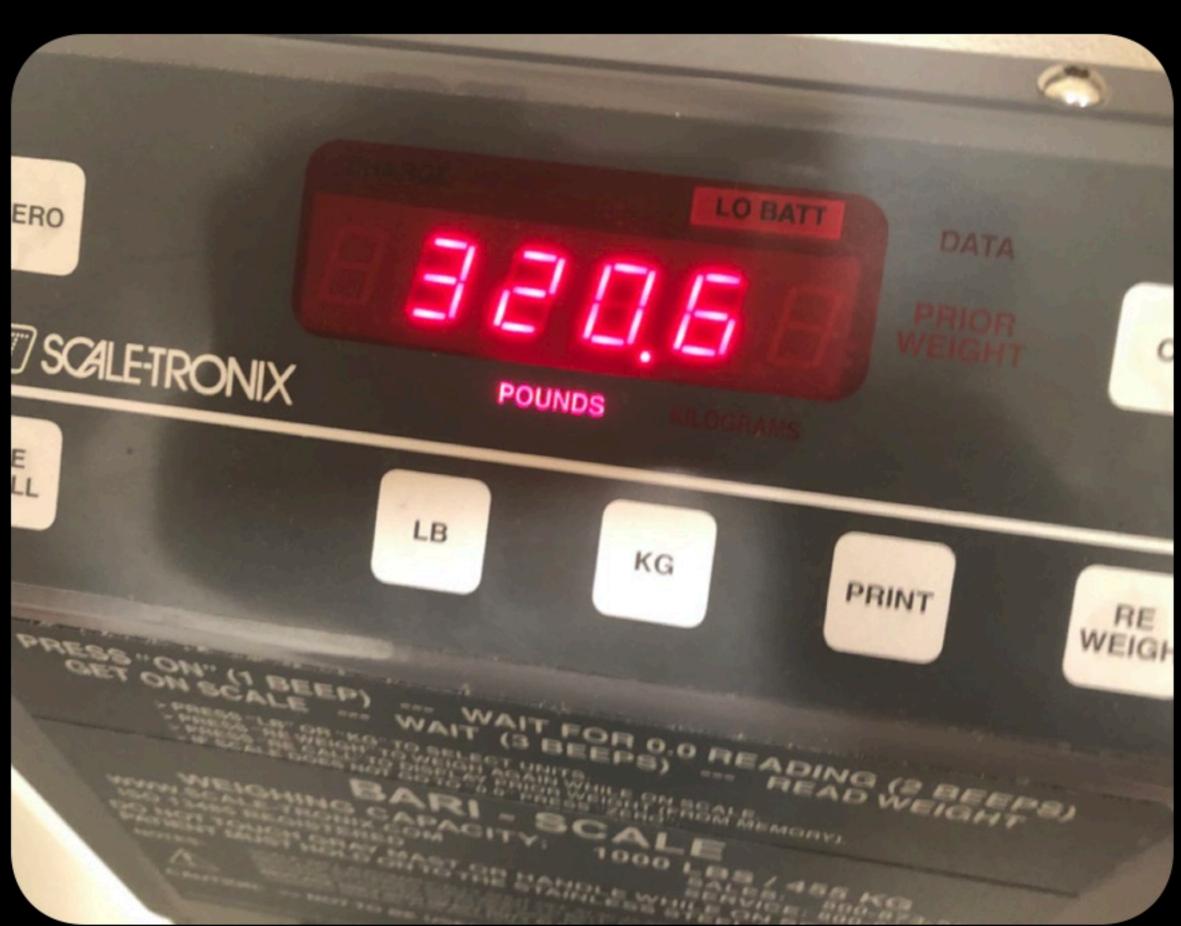




I know I know brb gonna go become one of those CrossFit nutcases

Haha yea no I'll stick to my treadmill bull shit

Sep 7, 2018 at 15:42



Well I'm down but not much

Down 5 dear, that's a great amount!

I'd rather loose 5 with diet change and normal exercise than loose 100 by giving my soul to CrossFit

CrossFitters are like vegans and the left handed, no matter what the topic of conversation is, they'll always find a way to bring it back to their thing

HAHA!! It's like you know who with the























